



ART4PSY

Three-day online festival

«Art Creations & Mental Health»

19-21 November 2021



Co-funded by the
Creative Europe Programme
of the European Union

FRIDAY 19/11/2021

10:00 -10:30	Welcome address and project's trailer <ul style="list-style-type: none">- Menelaos Theodoroulakis, President of the Board of Directors of PEPSAEE
10:30- 11:00	Welcome addresses <ul style="list-style-type: none">▪ Zoe Rapti, Deputy minister of mental health¹▪ Irene Komninou, Creative Europe Desk - Greece/ Ministry of Culture▪ Irene Favero, EACEA (European Education and Culture Executive Agency) Representative▪ Alexios Kavadatos, Member of the Board of Directors of the Federation of Psychosocial Rehabilitation and Mental Health Organizations "ARGO", President of the Board of Directors of EPSYKA▪ Evita Agapitou, President of the Board of Directors of the NEFELE (Networking European Festivals for Mental Life Enhancement) Network
11:00 -11:15	The ART4PSY project: An overview <ul style="list-style-type: none">▪ Nikos Drosos, PhD, Psychologist – Coordinator of the ART4PSY project
11:15-12:00	Theatrical performance: " Elements " By the Art Movement theatrical group (Czech Republic)
12:00 -12:15	Short break – The Greek promotional ART4PSY video
12:15- 13:30	Discussion table « ART & MENTAL HEALTH » Coordinator: Antonis Korfiatis, Sociologist, Scientific Responsible of the Specialized Day Center "Social Dialogue" <ul style="list-style-type: none">▪ Lambros Giotis, Psychiatrist – Dramatherapist (PhD), Actor, Director: «Playback theater and mental health»▪ Antonis Liodakis, Psychiatrist – Psychodramatist, Director of the Mental Health Center of Rethymnon: «The therapeutic impact of art»▪ Menelaos Theodoroulakis, Sociologist, PhD in Social Policy, President of the Board of Directors of the Federation of Psychosocial Rehabilitation and Mental Health Organizations "ARGO", President of PEPSAEE: «Art in psychosocial rehabilitation: The alternative model of PEPSAEE»
13:30 -14:00	Open Discussion

¹ Waiting for confirmation



SATURDAY 20/11/2021

11:00 -11:15 Welcome address and project's trailer

- Antonis Korfiatis, Sociologist, Scientific Responsible of the Specialized Day Center "Social Dialogue" of PEPSAEE

11:15- 11:30 The PEPSAEE ART4PSY theatrical group presents the show

Coordination by: Sotiris Mëchalakis & Emmanouela Kitsou

Theatrical performance: "Bundle stories.... invisible"

11:30 -12:00 By the Specialized Day Center "Social Dialogue" of PEPSAEE theatrical group (Greece)

12:00 -13:00 Discussion table: Our journey towards the theatrical performance: Thoughts and experience

Coordination: Stelios Moiras, Social Worker (MSc), Specialized Day Center "Social Dialogue" of PEPSAEE

- Members of the PEPSAEE theatrical group

13:00- 13:15 Short break – The Greek promotional ART4PSY video

13:15 -14:30 Introduction to the Digital Library & tour around the painting and photography exhibitions

- Nikos Papastamatiou, Omega
- Irimi Drouza, Volunteer in the Specialized Day Center "Social Dialogue" and member of PEPSAEE



SUNDAY 21/11/2021

11:00 -11:15 Welcome address and project's trailer

- Niki Louladaki, Choreographer, Artistic Director, Specialized Day Center "Social Dialogue" of PEPSAEE

11:15- 12:15 Tour around the painting and photography exhibitions

- Irini Drouza, Volunteer in the Specialized Day Center "Social Dialogue" and member of PEPSAEE

12:15 -12:30 Short break – The Greek promotional ART4PSY video

12:30 -13:45 Theatrical performance: "Interstices"

By the "L'Appétit des Indigestes" theatrical group (Belgium)

13:45 -14:00 Final words

Menelaos Theodoroulakis & Nikos Drosos

Some words for the ART4PSY Project

The vision of the ART4PSY project is to create a sustainable European partnership for the use of art as a means of promoting the social inclusion of mental health service users and creating new career opportunities. To this end, the project will create: (a) a toolkit- handbook, that includes methodology, good practices, activities and other materials that can be used by mental health professionals from all over the world and (b) a digital library where artworks by mental health service users from all over the world will be exhibited and promoted. Due to the interdisciplinary, practice-oriented and specific nature of our work, we have much to gain from the collaboration of mental health experts, artists and mental health service users to develop innovative methods of linking art and mental health.

Some words for PEPSAEE

The Panhellenic Association for Psychosocial Rehabilitation and Work Integration (PEPSAEE) is a Scientific - Non-Profit Association founded in 1996. The main purpose of PEPSAEE is the smooth social integration of people with psychosocial difficulties. We envision the creation of a society of equal opportunities. In a time of crisis, where greater inequalities are created towards vulnerable social groups, we support a society of solidarity and respect for diversity. The PEPSAEE operates two day centres for people with mental health problems and a boarding house



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